



# Timetable

## New York



	WED	THUR	FRI	SAT	SUN	MON	TUE	
7.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
8.30	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly	
9.00	Arrivals / Departures	Placement Test	Lessons	Activities	Full-day Excursion	Lessons	Lessons	
10.30		Break	Break	Break		Break		
10.45		Induction	Lessons	Activities		Lessons	Lessons	
12.15	Lunch	Lunch	Lunch	Lunch		Lunch	Lunch	
14.00	Arrivals / Departures	Half-day Excursion	Half-day Excursion	Activities		Lessons	Half-day Excursion	
15.30						Break		
16.00						Lessons		
17.30	Dinner	Dinner	Dinner	Dinner		Free time		
18.30						Dinner	Dinner	Dinner
20.00						Scavenger Hunt	Welcome Disco	Carnival Night
22.30	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time			
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out			
23.30			House Meeting & Bed Time	House Meeting & Bed Time				
24.00			Lights Out	Lights Out				

WEEK 1

	WED	THUR		FRI	SAT		SUN	MON	TUE
7.30	Breakfast	Breakfast		Breakfast	Breakfast	Optional Full-day Excursion Optional weekend Excursion	Breakfast	Breakfast	Breakfast
8.30	Assembly	Assembly		Assembly	Assembly		Assembly	Assembly	Assembly
9.00	Lessons	Lessons		Lessons	Activities		Full-day Excursion	Lessons	Lessons
10.30	Break	Break		Break	Break			Break	Break
10.45	Lessons	Lessons		Lessons	Activities			Lessons	Lessons
12.15	Lunch	Lunch		Lunch	Lunch			Lunch	Lunch
14.00	Half-day Excursion	Half-day Excursion		Half-day Excursion	Activities			Half-day Excursion	Half-day Excursion
15.30									
16.00									
17.30	Dinner	Dinner		Dinner	Dinner		Dinner	Dinner	
18.30									
20.00									
20.00	Dance Classes	Optional excursion	Blingo	Casino & Auction	Photography Challenge	Karaoke	Talent Show	Certificates & Prom	
22.30	House Meeting & Bed Time	House Meeting & Bed Time				House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	
23.00	Lights Out	Lights Out				Lights Out	Lights Out	Lights Out	
23.30				House Meeting & Bed Time	House Meeting & Bed Time				
24.00				Lights Out	Lights Out				

WEEK 2

### Key

Excursions	Activities	Meal Times / Break
Optional Excursions	Assembly	Bed Time
Lessons	Arrivals	



## EXCURSIONS

### INCLUDED EXCURSIONS

**Full Day:** Ellis Island & The Statue of Liberty, Empire State Building & The Metropolitan Museum, Coney Island (3 & 4 week students), Jones Beach (4 week students), The Jersey Shore (3 & 4 week students).

**Half Day:** Times Square, SoHo, American Museum of Natural History, Museum of Modern Art, Greenwich Village, 'Top of the Rock,' Central Park, Farewell to Manhattan, China Town (3 week students), Brooklyn Bridge (3 week students), The Guggenheim (3 week students), The Hudson Cruise (4 week students), Financial District (4 week students), Chelsea Walking Tour (4 week students), The Zoo (4 week students).

## OPTIONAL EXCURSIONS

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**Full Day:** Washington DC, Boston.

**Half Day:** New York Limo Ride, Major League Baseball Game

**Weekend:** Niagara Falls

## ACTIVITIES

### NON-SPORTS

Quizzes, "Blingo", Treasure Hunt, Drama, Dance, Open Air Movie Night, Casino & Auction Night, Talent Show, Movie Making, Photography, karaoke.

## ACADEMIC

### OPTIONAL ACADEMIC ADDITIONS

English Extra (four 45 minutes lessons per week)

## NOTES

- The first Wednesday relates to the arrival or departure day for all students.
- Where a student is not arriving/leaving on this day they will be participating in an excursion in the morning and afternoon.
- Students can arrive at the beginning of week 1 or 3.
- Students will receive induction and a level test on their first day of lessons.
- Lessons = 20 x 45 minutes classes. (15 hours per week)
- On their first Thursday, students will receive a tour of the campus.
- Long stay Student implies 3 or 4 week courses.
- Students will never do the same excursion twice, unless requested.
- Excursions (unless optional) are included in the cost of the course and must be attended unless illness or injury prevents.
- A packed meal is provided for all Included full day Excursions and pre-booked full day Optional Excursions.
- Optional Excursions are available at an additional cost, and must be booked and paid for by the student prior to their commencement. Please see our Excursion Schedule for more details.
- Where a student does not choose to take up an Optional Excursion, there will always be activities on site, supervised by LAL staff.
- At LAL New York there is the option for a weekend excursion (departing at approximately 08.00 Saturday and returning at 22.00 Sunday night). Students wishing to participate can opt out of the included full-day Sunday excursion. The weekend excursion includes transport, accommodation and entrance fees (when applicable). It does not include meals.